CURRICULUM VITAE

NAME: Asghar Dalvandi

PRESENT POSITION AND ADDRESS:

Assistant Professor, Faculty Member of University of welfare and rehabilitation science (Nursing Department)

Profession: Clinical Neurosciences, Community Health Nursing, Rehabilitation Care, Neuro Nursing

Address: Evin, Koodakyar St., Daneshjoo Blvd., Tehran, Iran

Po. Box: 19834, Tel Fax: (+98) 21 22180036

Karolinska Institutet, Department of Neurobiology, Care Sciences and Society, floor 3, section B,Alfred Nobels allé 23 (Flemingsberg) 23400, S141 83 Huddinge, Sweden

Email: <u>Dalvandi@uswr.ac.ir</u>, <u>asghar.dalvandi@ki.se</u>

Citizen: Iran

Language: Persian, English, A few Swedish

EDUCATION:

PhD, Medical Science (Clinical Neuroscience and geriatrics). Karolinska institute, Stockholm, Sweden, Oct, 2011.

The thesis title: Exploring life after stroke: experiences of stroke survivors, their family caregivers, and experts in an Iranian context.

PhD Candidate: Health care management, American university of Hawaii-regional midleast. 2001; (complete courses and uncompleted thesis).

The thesis title: The experiences of recovery period by Narcotic drug abuser and their family: Ethnography approach.

MsN; Community health nursing management. University of Social Welfare & Rehabilitation Sciences (USWR) -Tehran, Iran.1997.

Title thesis: (The study of psychosocial problems of children with addicted fathers

BsN; Nursing. Shahid behshti medical sciences university-Tehran, Iran.1989.

Associate of BSN: associated Nursing of medical university of Iran-Tehran, Iran.1982.

Certificate in rehabilitation care: one year's theory & practice (LPN); Shahid Behshti Medical Sciences University-Tehran, Iran.1982

Diploma; Natural Sciences -free examination Board-Borujerd, Iran.1980

Diploma; Mathematic –Bahrel-Olum high school-Borujerd, Iran.1978

AWARDS:

Acquired the first rank of Iranian educational rehabilitation among 40 Rehabilitation Universities evaluating by Ministry of Health and Medical education (MOHEM), Iran, as educational manager in USWR; 2005.

Honored as clinical nurse in social welfare organization in Iran.1988.

Honored as educator nurse in University of Social welfare & Rehabilitation Sciences -Tehran, Iran.2004.

PROFESSIONAL WORK HISTORY AND TEACHING EXPERIENCE:

University Experiences:

2012 to now: Head of Nursing Department

2001- 2004. Education manager in university of welfare & rehabilitation

2002-2004. Member of post graduate committee more than 3 years in University of Social Welfare and Rehabilitation Sciences (USWR), Tehran, Iran

2001-2004. Faculty member of development committee USWR.

1999-2001. Vice -manager in education office USWR.

1999-2002. Member of faculty evaluation committee USWR.

2001-2004. Member of culture council in university USWR.

2002-2004. Head of exceptional student committee USWR.

2000-2004. Counselor of student problems committee USWR,

The Editorial Board of the Middle East Journal of Nursing

The Editorial Board of the Middle East family Medicine Journal

Work Experiences non academic:

1990 Mental Retired Center Lorestan, as aid nurse and supervisor

1982 Addiction Rehabilitation Center, as Staff Nurse and health care agent

1989 Hospital Aging kahrizak, as Nursing administration

1982-94 General Med. Surg. Maaden Hospital, First degree private hospital, Staff Nurse

1990 Mental retired center, Tehran Evin, as nurse supervisor.

1991 Member of Nursing Department (non academic) clinical training.

1991-1994.Representative of workers and in ministry of labor and social security as advocate agent in labor judge more than 4 years

1993-1994.Head of Islamic labor council in general hospital MADAEN TEHRAN 2 years

1982-1996.Staff Nurse in general hospital MADAEN TEHRAN ,15 years, night shift

2002-2003. Non permanent member of nursing association council in Tehran city more than 1 year.

Participation in work shops:

1- Neuro-rehabilitation workshop		2. Control and evaluation for	
	1993	manager, USWR-Iran	1994
3. Qualitative research by F.G.D,	O, 1998 4. Quantitative research		2002
USWR-Iran		method, USWR-Iran	
5. Research method	2004	6. Country symposium of	2001

		TQM	
7. Test formation method, USWR-Iran	1991	8. Administration Evolution, Day clinic Rofeydeh, USWR- Iran	2004
9. Ergonomic method , USWR-Iran	2000	10. SPSS, USWR-Iran	2000
11. Para clinic findings of rehabilitation	2000	12. Poverty in Iran	2000
13. The determinant of nursing research priority by ergonomic method	2000	14. Symposium of social welfare	2001
15. Qualitative research method	2001	16. Quantitative research methodology	2007
17. Oral presentation Applied	2007	18. Reference manager	2007
19. Reference manager	2008	20. Learning by doing research	2008
21. Neuroscience rehabilitation	2007	22. Continuous quality improvement (CQI)	2001
23. Gerontology and elderly care	2002	24. Research method	2002
25. Qualitative research in medical science	2002	26. Hold the health week	2003
27. Designing of nursing job discretion (pediatric, elderly and rehabilitation fields)	2007	28. Writing English articles	2003
29. C.V	2003	30. Neurorehabilitation	2002
31. E-Learning	2006	32.Designing and editing multi choice questions	2007

Lecturer and trainer in work shop and scientific faculty members of committee and congress:

1.The membership of education and	1992	2. The membership of	1994
research in nursing group		scientific and execution	
		committee of family and well-	
		being congress	
3. The membership of scientific	2001	4. The membership of	
committee of nursing rehabilitation		scientific and execution	
congress		committee of national	
		congress of nursing	
		rehabilitation	
5.The lecturer of education	1999	6. Lecturer of Ergonomic	2001
workshop on family health		education	
7. Lecturer of scientific and	2001	7. Member of developments	2005-
execution committee on basic home		committee	
care services		of faculty members	
8. Lecturer of accessional withdraw	2001	9. Lecturer of education	2002
nursing center		workshop of Gerontology and	
		elderly care	
10. Lecturer of education workshop	2001	11. Membership of committee	2001
of nursing rehabilitation course		of nursing research priorities in	
		2002	
12. Membership of the	2001	13. Membership of scientific	2001
schizophrenia rehabilitation		committee of nursing	
congress	rehabilitation congress		
14. Qualitative research workshop	15- Lecturer in Qualitative research workshop		
(Stockholm) participant, 2010	(Stockholm) educator, 2011		

RESEARCH PROJECTS:

Research Assister in research entitled: the effect of education on self-care of mental related people, USWR.1993.

The Principle in the project entitled: The study of challenge with life on post stroke survivors and collect strategic plan for improving the quality of their life", USWR.2009.

The Principle in the project as titled: The study of health-oriented life style, based on Islamic cultures. Under study, USWR.2010.

Assistance to establish the new group in rehabilitation field (structural and functional) as educational responsible, 1991-2005.

TEACHING RESPONSIBILITIES:

Lead and teach

Course	Unit	Hours	year
Research method	2	34	2005-2006
Nursing service administration	2	34	2005-2006
Research seminar	2	34	2006-2007
Nursing service administration	2	34	2006-2007
Principles of management	2	34	2007-2008
Leadership, method and theories	2	34	2007-2008
Nursing service administration	2	34	2008-2009
Research method	2	34	2008-2009

Principles of	2	34	2009-2010
management			
Entrepreneurship and	2	34	2004-2008
business plan			
Community health	3	34+ 34	2000-2006
nursing			
Family nursing care	3	34+34	2000-2006
Working with groups	3	34+34	2000-2006

MAIN & CO-SUPERVISOR/MEMBER OF MASTER DEGREE:

Main-Supervisor of master dissertation: the effect of multi sensory stimulation on cognitive disturbances of people with Alzheimer and quality of life of the patients with Alzheimer's disease who were resident in Nasimshahr center of people with Alzheimer disease during the year of 2010.

Co-Supervisor of master dissertation: evaluation of educational situation of rehabilitation branches in welfare and rehabilitation university, from the students' viewpoint, in educational year 2003-2004.

Co-Supervisor of master dissertation: The study nursing home care situation in Tehran city.2002-2004.

Co-Supervisor of master dissertation: The study of individual and social factors on substances abuse relapses of addictions. 2002-2003.

Main-supervisor of master dissertation: The effect of music therapy on self-esteem of inpatient chronic schizophrenic patients. 1997-1998.

Main-supervisor of master dissertation: The effect of self care education on quality of life among patients with heart failure.

Co-Supervisor of master dissertation: The study of barriers and facilitators of adaptation on stroke survivors and related coping strategies.

PAPERS AND CONTINUING EDUCATION PROGRAMS PRESENTED:

Post stroke life events among Iranian people: The adaptive strategies. (Oral). International nursing conference. Phuket, Thailand, Apr 20210.

Taking rehabilitation care experiences among family care givers of stroke survivors. (Poster), international nursing conference. Phuket, Thailand, Apr 2010.

Effectiveness of Music Game on Self-Esteem of Schizophrenia Patients. (POSTER). *Poster Presentation in Malaysia Conferenss*.2009.

E.Mahmoudi, A.Dalvandi, A.Rahgoi, M.Rahgozar, A.Z.Mahmmadi.

Qualitative researches in education. (Oral). USWR ,2004

Educational Valuation Seminar. (Oral) Karolinska institute, Sweden. 2009

The challenges and strategists relate to stroke. (Poster), the first national congress of stroke in Iran. Medical university of Esfahan-Iran; 2009.

Perceptions and experiences of stroke survivors. (Poster). The first national congress of stroke in Iran. Medical university of Esfahan-Iran. 2009.

Development of opportunity in disaster ,(Oral). The fourth international congress of managing the acmes. Medical university of Iran. 2009.

The Guide Substance abuse prevention. (Oral). Substance abuse in teenagers. 2009

The challenge of stroke survivors after event: grounded theory approach. (Oral), the first national qualitative researches congress on health related scinces.USWR-Iran.2008

Schizophrenic rehabilitation in home. (Oral). Rehabilitation nursing. USWR-Iran. 1999.

The problem of young people with addictive fathers. (Oral).

First congress of problem of children and teenagers .Welfare organization of Iran.1997.

Home visit. (Oral), Family and well-being.USWR-Iran.1994.

Ethnography: the strategies for prevention and rehabilitation in addicted people. (Oral), Rehabilitation nursing.USWR-Iran.2001.

Rehabilitation in children. (Oral), Rehabilitation nursing. USWR-Iran. 2001.

PUBLICATIONS:

- **A.Dalvandi**, S.L.Ekman, S.S.B.Maddh, H.R.Khankeh, K.Heikkila. Life Experience after Stroke among Iranian Stroke Survivors. *International Nursing Review*. 2010.
- **A.Dalvandi**, S.L.Ekman, S.S.B.Maddh, H.R.Khankeh, K.Heikkila. Post Stroke Life: Used and Recommended Strategies among Iranian People. *Iranian Rehabilitation Journal*. 2009.
- E. Mahmoudi, **A. Dalvandi**, A. Rahgoi, M. Rahgozar and A. Zadehmohammadi. Effect of music therapy on self-esteem of inpatient chronic schizophrenic patients. European Psychiatry. Volume 25, Supplement 1, 2010, Page 1207.
- H.Rezaaei Looye, **A.Dalvandi**, M.A.Hosseini, M.Rahgozar. The Effect of Self Care Education on Quality Of Life among Patients with Heart Failure. *Journal of Rehabilitation*. 2009.
- A. Kianoush, S.S.B. Madah, M. Rahgozar, **A. Dalvandi**. Evaluation of Educational Situation of Rehabilitation Branches in Welfare and Rehabilitation University, From the Students' Viewpoint, In Educational Year 2003-2004. *Journal of Rehabilitation*.
- A.Kaldy, **A. Dalvandi**. The Study of Employment of Elderly Over 60 Years. *Journal of Rehabilitation*. USWR-Iran.2004
- **A. Dalvandi**, M.rahgozar. The problems of young people with addictive father. *journal of rehabilitation*. USWR-Iran.2001.
- **A. Dalvandi**, S.L.Ekman, S.S.B.Maddh, H.R.Khankeh, K.Heikkila. Lack of continuity of rehabilitation care for stroke survivors: Iranian family caregivers', Middle East journal of Age and Aging, 2011, 8(4).

A. Dalvandi, S.L.Ekman, S.S.B.Maddh, H.R.Khankeh, K.Heikkila. Experts' experiences of rehabilitation services for stroke survivors in Iran. Top Stroke Rehabil 2012;19(5):395–404.

Jafari M, Makarem A, Dalvandi A, Azimian M, Hosseini M.A. Determination of facilitators and barriers in post stroke life, in Kerman city. Journal of Modern Rehabilitation; 2011;5(2): 9-9.

Vajihe Atashi, Farahnaz Mohammadi, **Asghar Dalvandi**, Iraj Abdollahi & Rozbeh Kazemi. Effect of Slow Stroke Back Massage (SSBM) on Shoulder Pain and Hand Function in Patients with Stroke. **Hayat**: Journal of Faculty of Nursing and Midwifery Tehran University of Medical Sciences. 2012;18(2): 47-56.

Mahdiye Jafari, Asghar Dalvandi. Quality of life and its affecting factors among post stroke survivors, living in Kerman city, southeastern Iran. Manuscript, ready to submit.

Mahdiye Jafari, Asghar **Dalvandi**. The study of coping strategies and health-related quality of life in stroke patients living in Kerman city in southeastern Iran Submmition in Journal of Holistic Nursing (JHN). Under revision.2011.

M Jafari, A Dalvandi, A Makarem, M Azimian, MA Hosseini, Z Shah Hosseini, Coping strategies and related facilitators and barriers effected in people living with post stroke in Kerman city, south-eastern Iran. Ready to submit.

M Jafari, A Dalvandi. Coping strategies, facilitators and barriers in people living with post stroke life in an Iranian local community in Kerman. Ready to submit.